

Livertop CAPSULE

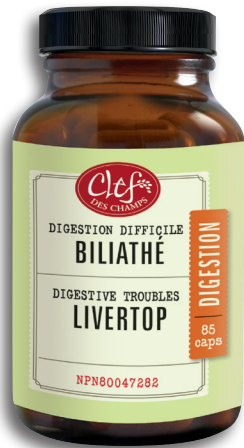
NPN 80047282

DIGESTIVE TROUBLES

85 CAPSULES

Liver tonic

280 mg/CAPSULE



Composition				
Oregon Grape	dried root	<i>Mahonia aquifolium</i>	71 mg	Organic
Boldo	dried Leaf	<i>Peumus boldus</i>	35 mg	Wildcrafted
Catnip	dried flower and leaf	<i>Nepeta cataria</i>	35 mg	Organic
Cramp Bark	dried bark	<i>Viburnum opulus</i>	35 mg	Organic
Fennel	dried seed	<i>Foeniculum vulgare</i>	35 mg	Organic
Ginger	dried rhizome	<i>Zingiber officinale</i>	35 mg	Organic
Wild Yam	dried root and tuber	<i>Dioscorea villosa</i>	35 mg	Organic
Vegetable cellulose capsules				

DOSAGE

INTERVENTION: 3 capsules, 2 times per day, for 3 days.

TREATMENT: 3-5 capsules, at bedtime, for 6 weeks. Repeat as needed.

DIRECTION FOR USE

Take with a small amount of lukewarm water or infusion at least 30 minutes before bedtime.

If the capsules are difficult to digest, take with meals.

For long-term treatment, take 6 days out of 7.

MECHANISM OF ACTION

Livertop is used to tone the liver and gallbladder. Some of its components are cholagogue and choleric (promote bile flow), tonic, soothes abdominal tensions and eases from bloating and gas. Appreciated for its reconstructive and durable effects on the liver and digestion, Livertop is recommended specifically for people with a sluggish, inefficient, easily overburdened liver. This compound is usually recommended over a medium or long term for its toning and reconstructive effects. For occasional problems, combine with liquid extracts, such as Milk Thistle tincture.

OREGON GRAPE: rich in berberine, Oregon grape is a powerful bitter tonic that stimulates stomach and liver secretions. Slightly laxative, it is used with other herbs to stimulate digestive and intestinal functions.

BOLDO: mainly cholagogue, boldo stimulates all functions of the gallbladder. This tonic herb is generally taken with other hepatic herbs.

CATNIP: eases digestion and reduces flatulence. Recommended for indigestion and colic. An aromatic, calming herb, catnip reduces digestive spasms and hepatic tension.

CRAMP BARK: an antispasmodic that soothes cramps and nausea, it plays a very significant role in this compound. Liver problems are often associated with a sluggish liver. Cramp bark relaxes the liver and digestive organs while promoting bile flow and digestive secretion.

FENNEL: a carminative herb, fennel is a moderate aromatic that moderately stimulates digestion. It is an antispasmodic tonic that releases tension and gently restarts the digestive process. We use sweet fennel, which is less bitter and therefore less stimulating.

GINGER: an abdominal stimulant, ginger tones the circulation and heats up the abdominal area. It is a carrier for the other hepatic plants. As a carminative herb, it aids digestion, soothes cramps, stops gas and diarrhea, tones the intestines and stimulates peristalsis. It is a bitter, spicy tonic that offsets a lack of gastric acidity and wakes the appetite. It is also hepatoprotective.

WILD YAM: anti-inflammatory and antispasmodic, wild yam soothes digestive problems. Acting on the liver and intestines, its effect is maximized when combined with other digestive herbs.

HELPFUL ASSOCIATIONS

MILK THISTLE tincture for liver degeneration. Take 30 drops, 1-2 times per day.

DANDELION tincture for eczema, acne and psoriasis. Take 10 to 15 drops, 1 to 4 times per day.

RED CLOVER, PARSLEY and BURDOCK infusion during spring and fall cleanse. Drink 1 liter per day.

CHAMOMILE infusion (concentrated) for stomach pain and inflammation. Drink 1 liter per day.

ETHNOBOTANY

Liver problems: congested or sluggish liver, nausea.

Digestive problems: colic, flatulence, intestinal cramps.

CONTRA-INDICATIONS

Consult a health care professional if symptoms persist or worsen, or prior to use if you have liver or kidney problems.

Do not use if you have gallbladder disease, intestinal spasms or a serious liver problem.

Do not take while pregnant or breastfeeding.

INTERACTIONS

Avoid taking with prescription drugs.

REFERENCES

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Certified organic ingredients.

Made according to GMP.

Kosher, vegan and non-irradiated.

NO additives, colouring, added sugar, gluten, soy or GMOs.

