

Immunotop CAPSULE

NPN 80031494

85 CAPSULES

315 mg/CAPSULE

EXHAUSTION
General tonic



Composition				
Astragalus	root	<i>Astragalus membranaceus</i>	90 mg	Organic
Green Oatstraw	aerial part	<i>Avena sativa</i>	45 mg	Organic
Nettle	aerial part	<i>Urtica dioica</i>	45 mg	Organic
Eleuthero	root	<i>Eleutherococcus senticosus</i>	45 mg	Organic
St-John's Wort	flower	<i>Hypericum perforatum</i>	45 mg	Organic
Echinacea angustifolia	root	<i>Echinacea angustifolia</i>	23 mg	Organic
Dong quai	root	<i>Angelica sinensis</i>	11 mg	Organic
Ginger	rhizome	<i>Zingiber officinale</i>	11 mg	Organic
Vegetable cellulose capsules				

DOSAGE

INTERVENTION: 5 capsules, 3 times a day, maximum 2 weeks.

TREATMENT: 4-5 capsules, 2 times a day, for many weeks.

DIRECTIONS FOR USE

Take with a little warm water or infusion, on an empty stomach or with meals if difficult to digest. Start with a small dose to insure herbs are well tolerated.

MODE OF ACTION

Immunotop is a general tonic that supports the entire organism. This compound helps ease season changes, especially for those who are subject to complications of colds and flu. Used short-term (3-4 weeks), Immunotop strengthens immune defenses and protects against infectious diseases, thereby reducing the risk of complications. Over a longer period (10-12 weeks), it reconstructs tissues. Immunotop helps get through fatigue, exhaustion, convalescence, stress and intense work periods by maximizing energy without exhausting the body. Its adaptogens have a marked effect on vitality, energy, immunity and nervous system health. It helps mood and cognitive functions by improving memory and attention span. It can help adapt to high altitude and increases stamina.

ASTRAGALUS: as an adaptogen, astragalus relieves conditions of fatigue and weakness, increases resistance, endurance and vital energy. Astragalus is a deep immune tonic and increases resistance to infections.

GREEN OATSTRAW: as a nutritive herb, green oats calm, regulate nervous system communications and reconstruct the nervous system. Green oat is indicated in all conditions where there is fatigue and exhaustion and when the nervous system needs support.

ELEUTHERO: helps the organism adapt to physical and mental stress. Its immune-modulating effect increases the immune response. It improves cognitive functions and physical performance.

ST-JOHN'S WORT: as a nervous system tonic, it improves and stabilizes mood, also reduces anxiety, mental agitation and irritability. It is a first-rate herb to relieve depression.

NETTLE: as a nutritive herb, nettle tones and strengthens the body. It stimulates metabolism, revitalizes the body and is recommended for all conditions marked by fatigue, weakness and exhaustion.

ECHINACEA: echinacea root is antibacterial and antiviral. As an immune regulator, it is ideal for the prevention and treatment of infections, particularly those of the respiratory system.

DONG QUAI: an immune stimulant, heart tonic, lung tonic, it nourishes the blood, supports blood cells production and reduces anemia. It increases circulation and activates metabolism.

GINGER: is an expectorant, a diaphoretic, a stimulant, a heart tonic and it promotes circulation. In this formula, it acts as a catalyzer.

HELPFUL ASSOCIATIONS

REISHI tincture for immunity problems due to stress.

GREEN OATSTRAW infusion for nervous system troubles.

ASHWAGANDHA tincture for stress and overwork.

RHODIOLA tincture for intense mental effort, loss of memory and difficulty with concentration.

ETHNOBOTANY

Immune system: recurring infections, allergies, asthma, runny nose, chronic sinusitis, pulmonary infections (prevention).

Nervous system: overwork, exhaustion, fatigue, low resistance, stress, burn out, nervous tension, mood swings, depression.

Other: convalescence, chronic or degenerative diseases, high-altitude sickness, anemia.

CONTRA-INDICATIONS

Consult a health care practitioner if symptoms persist or worsen, if you have a degenerative systemic disease, an auto-immune disease, an acute infection, a cancer or predisposition to cancer. Avoid long exposure to the sun or UV light. Do not use during pregnancy or breastfeeding or if you have hypertension. May cause benign gastro-intestinal troubles, nausea, agitation, headaches or breast pain. Hypersensitivity such as an allergy may occur; in which case, discontinue use.

The contra-indications and warnings attributed to this formula are theoretical and based on the use of each of its ingredients taken separately. These warnings do not take into account that the herbs are in very small quantities in this compound.

INTERACTIONS

Do not use with prescription drugs, including oral contraceptives. Consult a health care practitioner if you take antihistamines, muscle relaxants or follow hormone replacement therapy.

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Made according to GMP.

Kosher, vegan and non-irradiated.

NO additives, colouring, added sugar, gluten, soy or GMOs.

