



Sweet Tummy GLYCERITE

EASES DIGESTION
Sluggish digestion

NPN 80019118
30 ml

Each ml contains

Dandelion	fresh root	<i>Taraxacum officinale</i>	1:2	330 mg	Organic
Blessed Thistle	fresh leave, flower	<i>Cnicus benedictus</i>	1:3	56 mg	Organic
Chamomile	fresh flower	<i>Matricaria recutita</i>	1:3	49 mg	Organic
Pure vegetable glycerin, certified organic					

DOSAGE

TODDLER UNDER 5 YEARS

Consult a health care practitioner.

CHILDREN 5-9 YEARS

INTERVENTION: 0.25-0.5 ml, 2 to 3 times per day, for 3 days.

TREATMENT: 0.25-0.5 ml, 1 time per day, for 2 weeks.

ADOLESCENT 10-14 YEARS

INTERVENTION: 0.5-1 ml, 2 to 3 times per day, for 3 days.

TREATMENT: 0.5-1 ml, 1 time per day, for 2 weeks.

ADULT

INTERVENTION: 1-2 ml, 2 to 3 times per day, for 3 days.

TREATMENT: 1-1.5 ml, 1 time per day, for 2 weeks.

DIRECTION FOR USE

Always dilute in a sip of water.

Give before meals to stimulate appetite or after to improve digestion.

For long-term treatment, give 6 days out of 7.

MODE OF ACTION

Sweet Tummy is a mild digestive tonic. It is excellent for all digestive problems, especially those accompanied by digestive congestion. It gently tones, stimulates digestive secretions, activates the liver functions and clears the gallbladder. Its action on the upper digestive system is quite complete. This compound is recommended for slow digestion, a sluggish stomach or a slightly congested liver.

DANDELION: a mild bitter herb, dandelion is stomachic, hepatic and cholagogue. Its inulin nourishes the gastric mucosa while its bitter principles stimulate the production and circulation of bile and activate digestive movement. Dandelion helps eliminate toxins and uric acid and regulates cholesterol and blood sugar levels. The glycerite is less bitter and more regulating than the alcoholic extract.

BLESSED THISTLE: a stomach tonic, this bitter, resinous herb stimulates salivary and gastric secretions. An anti-nauseant and antispasmodic, it opens the digestive tract, promotes movement and releases tension in the digestive system, gallbladder and liver. The glycerin-based extract contains more minerals and flavonoids

and fewer bitter, volatile principles than the alcoholic extract, making it milder and less stimulating.

CHAMOMILE: anti-inflammatory and soothing for the gastric mucosa, its bitter principles gently stimulate the digestive juices.

HELPFUL ASSOCIATIONS

CUMIN, CORIANDER, FENNEL infusion for frequent indigestion.

LIVERTOP for digestive problems.

SLIPPERY ELM powder in case of digestive tract irritation.

DIGESTOP in case of digestive tract irritation.

ETHNOBOTANY

Digestive system: lack of appetite, anorexia, indigestion, liver stasis, congested liver, hypercholesterolemia, hypoglycemia, dyspepsia, gastrointestinal inflammation, ulcers, irritable bowel syndrome, gastric reflux.

CONTRA-INDICATIONS

Consult a health care practitioner if symptoms persist, worsen, in case of liver or gallbladder disease or an intestinal obstruction. Do not use if pregnant or breastfeeding.

INTERACTIONS

No known drug interactions.

REFERENCES

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Organic, fresh herbs from the garden.

Made according to GMP.

Kosher, vegan and non-irradiated.

NO additives, colouring, added sugar, gluten or GMOs.

