



Sweet Mallow GLYCERITE

SOOTHES THE THROAT
Calms irritation

NPN 80050426
30 ml

Each ml contains					
Marshmallow	fresh root	<i>Althaea officinalis</i>	1:3	176 mg	Organic
Red Raspberry	fresh leaf	<i>Rubus idaeus</i>	1:3	69 mg	Organic
Echinacea purpurea	fresh root	<i>Echinacea purpurea</i>	1:4	54 mg	Organic
Valerian	fresh root	<i>Valeriana officinalis</i>	1:3	40 mg	Organic
Echinacea angustifolia	fresh root	<i>Echinacea angustifolia</i>	1:4	14 mg	Organic
Propolis	resin	<i>Propolis</i>	1:5	0.5 mg	Organic
Pure vegetable glycerin, certified organic					

DOSAGE

TODDLER UNDER 2 YEARS

Consult a health care practitioner.

CHILDREN 2-4 YEARS

INTERVENTION: 0.15-0.20 ml, 4 to 6 times per day.

TREATMENT: 0.25 ml, 3 times per day.

CHILDREN 5-9 YEARS

INTERVENTION: 0.25 ml, 4 to 6 times per day.

TREATMENT: 0.35 ml, 3 times per day.

ADOLESCENT 10-14 YEARS

INTERVENTION: 0.5 ml, 4 to 6 times per day.

TREATMENT: 0.75 ml, 3 times per day.

DIRECTION FOR USE

Shake before using.

Use pure, undiluted.

MODE OF ACTION

Sweet Mallow is used for its specific action on the throat. The combination of emollient, analgesic and astringent herbs in this compound is very active on the fragile tissues of the larynx and pharynx. The mucilages of the marshmallow root soothe, hydrate and protect the mucus membrane and reduce irritation and inflammation. Valerian and echinacea are analgesic that reduce pain.

The astringent herbs (red raspberry and bayberry) tone and tighten the tissues of the throat. These herbs, combined with the antibacterial properties of echinacea and propolis, reduce the proliferation of bacteria and promote healing of the tissues. Sweet Mallow clears mucus from the airways. It relieves hoarseness and sore throat due to bacterial infection or other factors.

MARSHMALLOW: the mucilages of marshmallow root are emollient and reduce irritation and inflammation of the mucus membranes. Nourishing and tonic, marshmallow is especially useful for dryness of the tissues. It relieves and hydrates mucus membranes, which reduces cough and sore throat. It also stimulates phagocytosis.

RED RASPBERRY: its tannins make it mildly astringent and very efficient against sore throat. Red raspberry tones the lining of the

upper respiratory tract and restores their proper function during an infections.

ECHINACEA: this well-documented medicinal herb acts on two fronts: it increases the immune response during an infection and it helps eliminate viruses and bacteria. Echinacea is used to treat all types of infections, from the flu to respiratory tract infections to ear-nose-throat problems. Studies have brought to light echinacea's anti-inflammatory properties which are attributed to the alkyamides it contains. Echinacea reduces symptoms such as sore throat and runny nose.

VALERIAN: sedative and antispasmodic, the valerian in this compound relieves cough by relaxing the smooth muscles of the bronchi. It is also analgesic and anti-inflammatory.

PROPOLIS: this antibacterial and antiseptic resin is analgesic and anti-inflammatory, it heals tissues and stimulates immunity. It increases the action of other herbs in the compound.

HELPFUL ASSOCIATIONS

ECHINACEA PROPOLIS for colds and flu.

SLIPPERY ELM infusion to soothe the throat.

GOLDENSEAL glycerite for infections of ear, nose and throat.

PLANTAIN SYRUP relieve cough and irritation of the respiratory tract.

COLD & FLU TEA for symptoms of colds and flu.

LULLABY to promote sleep during an infection.

ETHNOBOTANY

Respiratory system: sore throat, laryngitis, cough due to irritation or dryness of the throat.

CONTRA-INDICATIONS

Consult a health care practitioner if symptoms persist or worsen, to use for longer than one month, if pregnant or breastfeeding, in case of allergies to bee products, poplar or balsam of Peru.

INTERACTIONS

Consult a health care practitioner if taking immune suppressants.

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Organic, fresh herbs from the garden.

Made according to GMP.

Kosher and non-irradiated.

NO additives, colouring, added sugar, gluten or GMOs.

