



Colic GLYCERITE

RELIEVES CRAMPS

Reduces colic

NPN 80019064

30 ml

Each ml contains					
Catnip	fresh leaf and flower	<i>Nepeta cataria</i>	1:2	96 mg	Organic
Marshmallow	fresh root	<i>Althaea officinalis</i>	1:3	93 mg	Organic
Blessed Thistle	fresh leaf and flower	<i>Cnicus benedictus</i>	1:2	72 mg	Organic
Green Oatstraw	fresh aerial parts	<i>Avena sativa</i>	1:3	63 mg	Organic
Fennel	seed	<i>Foeniculum vulgare</i>	1:5	37 mg	Organic
Slippery Elm	bark	<i>Ulmus rubra</i>	1:2	5 mg	Organic
Pure vegetable glycerin, certified organic					

DOSAGE

TODDLER (UNDER 2 YEARS)

In traditional herbalism, the dose for this glycerite is 0.25 ml, 2 times per day. Health Canada recommends consulting a health care practitioner before administering to a child under 2 years.

CHILDREN (2-4 YEARS)

INTERVENTION: 0.25 ml, 4 to 6 times per day.

TREATMENT: 0.5 ml, 2 times per day.

CHILDREN (5-9 YEARS)

INTERVENTION: 0.4 ml, 4 to 6 times per day.

TREATMENT: 0.75 ml, 2 times per day.

ADOLESCENT (10-14 YEARS)

INTERVENTION: 0.85 ml, 4 to 6 times per day.

TREATMENT: 1.5 ml, 2 times per day.

DIRECTION FOR USE

Dilute in a mouthful of water. Take 15 to 30 minutes before meals. For long-term treatment, use 6 days out of 7.

MODE OF ACTION

Colic glycerite is used to relieve colic and abdominal cramps. This compound combines herbs that normalize digestion and herbs that soothe the intestinal tract lining. On one hand, antispasmodic herbs relax the smooth muscles of the digestive system and reduce abdominal cramps and pain. On the other, carminative herbs reduce the formation of gas that stretches the abdominal wall, creating discomfort. The combined action of these herbs effectively relieves colic in babies and children.

Colic glycerite helps the digestive processes and improves digestion. It gently stimulates the secretions of the stomach and liver, thereby improving the entire digestive process. It promotes the absorption of nutrients and stimulates appetite. Its emollient herbs calm irritation and inflammation of the lining of the stomach and intestines. These herbs also protect the lining of the stomach by neutralizing excess acidity, thereby relieving stomach ache.

This compound calms the nervous system and reduces nervous irritability caused by abdominal discomfort. Its nervines and calming herbs promote relaxation and calm, especially when there is agitation and mood swings due to difficult digestion.

CATNIP: has a special affinity for children, reduces digestive spasms and flatulence. Catnip eases digestion and is recommended for indigestion and colic. It also supports children's nervous system, calming and soothing them.

MARSHMALLOW: the mucilages in marshmallow root are emollient and reduce irritation and inflammation of the lining of the digestive system. Nourishing and tonic, it soothes, hydrates and protects the mucus membranes, reducing its reactivity to irritants.

BLESSED THISTLE: a stomach tonic, it stimulates the salivary glands as well as gastric secretions. Antispasmodic, blessed thistle relaxes the digestive tract, thereby promoting peristalsis. It also releases tensions of the stomach, gallbladder and liver. The glycerine extract contains more minerals and flavonoids and less bitter principles than the alcohol extract. It is therefore milder and less stimulating.

GREEN OATSTRAW: nourishes the nervous system, thereby improving its functioning and reducing its sensitivity to irritants. It is also calming and indicated in all conditions where the nervous system needs support.

SWEET FENNEL: as a carminative herb, fennel is aromatic and mildly stimulates digestive functions. It is antispasmodic and tonic, relieves tension and gently revitalizes the digestive processes. We use sweet fennel which is less bitter, therefore less stimulating, than common fennel.

SLIPPERY ELM: soothes irritation and inflammation of the mucus membranes. It helps repair all tissues of the digestive system, including the stomach. Its mucilages make it soothing, emollient and a protector of the digestive tract lining.

HELPFUL ASSOCIATIONS

CHAMOMILE infusion for irritation of the digestive tract lining.

SLIPPERY ELM for irritation of the digestive system, constipation.

LULLABY for difficulty sleeping due to digestive discomfort.

TEETHING DROPS during teething.

SWEET TUMMY in cases of digestive laziness.

ETHNOBOTANY

Digestive system: colic, flatulence, abdominal cramps, irritation of the digestive system, dyspepsia, gastric reflux, stomach ache.

CONTRA-INDICATIONS

Consult a health care practitioner if symptoms persist or worsen. Do not use if there are known allergies to Asteraceae, Apiaceae or anethol. Hypersensitivity is known to occur, in which case, discontinue use.

INTERACTIONS

Avoid taking simultaneously with prescription drugs.

REFERENCES

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Organic, fresh herbs from the garden.

Made according to GMP.

Kosher, vegan and non-irradiated.

NO additives, colouring, added sugar, gluten or GMOs.

