

Menopausix TINCTURE

MENOPAUSE TROUBLES

Reduces the discomforts of menopause

NPN 80028971

50 ml



Each ml contains					
Chaste Tree	berry	<i>Vitex agnus-castus</i>	1:4	63 mg	Organic
Black Cohosh	fresh root	<i>Actaea racemosa</i>	1:4	61 mg	Organic
Green Oatstraw	fresh flowering stem	<i>Avena sativa</i>	1:3	51 mg	Organic
Cramp bark	fresh bark	<i>Viburnum opulus</i>	1:3	45 mg	Organic
Ginger	fresh root	<i>Zingiber officinale</i>	1:2	34 mg	Organic
Motherwort	fresh aerial parts	<i>Leonorus cardiaca</i>	1:2	32 mg	Organic
Ginseng	fresh root	<i>Panax quinquefolium</i>	1:5	5 mg	Organic
Alcohol 45% to 50% certified organic					

DOSAGE

INTERVENTION: 1.5 ml, 4 to 5 times per day.

TREATMENT: 2 ml, 1 to 3 times per day.

DIRECTIONS FOR USE

Shake well before using. Take in a mouthful of water, 15 to 30 minutes before meals or at bed time. For long-term treatment, take 6 days out of 7.

MODE OF ACTION

Menopausix compound was specifically conceived to ease the hormonal transition during menopause. By regulating the estrogen/progesterone ratio, it decreases the discomforts of menopause. Menopausix relieves hot flashes, night sweats, menstrual cramps and normalizes excess or scant bleeding. It acts on the cardiovascular system and regulates blood pressure, improves blood circulation and reduces heart palpitations. Menopausix also supports the nervous system and reduces symptoms caused by hormone changes, such as irritability, anxiety and tension. It is calming and tonic and increases energy without draining the organism.

CHASTE TREE: a hormone regulator, chaste tree helps reduce the symptoms of menopause (hot flashes, insomnia) by restoring the estrogen/progesterone ratio. It increases progesterone levels by inhibiting the secretion of prolactin. Chaste tree reduces premenstrual symptoms, regulates the menstrual cycle and unusual uterine bleeding.

BLACK COHOSH: it regulates estrogen levels, is antispasmodic and calms nervous irritability. It is especially useful to reduce irritability caused by hormone imbalance and calms all nervous troubles associated with PMS and menopause. Black cohosh is also a tonic of the uterus and reproductive organs.

GREEN OATSTRAW: it nourishes, calms, regulates the exchanges in the nervous system and helps reconstruct the nervous system. It is indicated for nervous tension, irritability and all conditions where the nervous system needs support.

CRAMP BARK: a wonderful antispasmodic herb, cramp bark is very efficient in relieving smooth muscle spasms and menstrual cramps. Mildly analgesic, it reduces pain associated with premenstrual syndrome (migraine, cramps) and reduces nervous tension of the premenstrual phase and of menopause.

GINGER: improves blood circulation, tones the heart and the female reproductive system. Ginger is antispasmodic and stimulates digestion.

MOTHERWORT: is used when the period is late, for dysmenorrhea and premenstrual or menopausal nervous troubles. It reduces anxiety, regulates the rhythm of the heart and calms palpitations.

GINSENG: an adaptogen, ginseng improves the capacity to adapt to stress, increases energy and promotes cardiovascular health. It balances the endocrine system and supports women during menopause.

HELPFUL ASSOCIATIONS

YARROW tincture for hot flashes and circulation troubles.

GREEN OATSTRAW infusion for nervous troubles at menopause.

RED RASPBERRY infusion for all troubles of the female reproductive system.

SHEPHERD'S PURSE for excess menstrual bleeding.

SKULLCAP tincture for nervous or cardiovascular troubles.

DREAMTOP for difficulty sleeping.

ETHNOBOTANY

Female hormonal system (pre-menopause and menopause): hormonal imbalance, hot flashes, irregular periods, excess menstrual bleeding, anguish, anxiety, nervous tension, difficulty sleeping, decreased libido, fatigue, tinnitus, circulatory troubles, mild hypertension, palpitations.

CONTRA-INDICATIONS

Consult a health-care practitioner if you suffer from liver troubles or if symptoms persist or worsen. Consult a health-care practitioner to use for more than one year. Do not use during pregnancy or breastfeeding.

INTERACTIONS

Do not take with prescription drugs.

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Organic, fresh herbs from the garden.

Made according to GMP.

Kosher, vegan and non-irradiated.

NO additives, colouring, added sugar, gluten, soy or GMOs.

